WE WANT YOU TO FEEL AT HOME

Welcome to our unique approach to senior living at The Ridge at Healdsburg. **A truly wonderful place to live is one where newcomers are welcomed as neighbors**, transforming neighbors into friends and friends into family.

We embrace the idea that various **engaging programs, delicious dining, socialization opportunities, and spiritual fulfillment** create a strong foundation for overall wellness.

In addition, our **on-site farm** is a popular place for many of our residents and features a vegetable garden, goats, ducks, chickens, and seasonal blooms!



CONNECT WITH US

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Professionally Managed by brightwater

THE RIDGE
At Healdsburg



We are designed to enhance your **wellness and comfort**.

Striving for excellence

everyday in every way.

Living your best life today means embracing the freedom to make choices that resonate with you. **You can leave home maintenance behind at The Ridge and fully enjoy your leisure time.** Explore new hobbies, join a local choir, start a fitness routine, dive into a captivating book, or even write your own story. **Spend time shopping with friends in town or unwind in the serene garden courtyard.** The possibilities for how you spend your days endless, and they're all yours to enjoy.



Six Dimensions of Engagement

Social Connection – Cultivating relationships that strengthen community bonds and combat isolation. We create spaces where friendships flourish, families feel welcome, and every voice is valued.

Cognitive Stimulation – Inviting curiosity and learning through exploration, discussion, and challenge. We engage the mind with lifelong learning, problem-solving, and that sustains confidence.

Physical Activity – Encouraging movement and vitality at every level of ability. From gentle stretching to group walks, our programs support strength, balance, and energy for life.

Emotional Fulfillment – Fostering moments of joy, comfort, and belonging. We meet emotional needs with empathy and create safe spaces for expression, laughter, and reflection.

Purposeful Contribution – Empowering residents to share their talents, stories, and service. We believe meaning is found in giving back, and every resident can make a difference in their community.

Creative Expression – Inspiring individuality and imagination through art, music, movement, and storytelling. We celebrate creativity as a pathway to identity, healing, and connection.



CELEBRATE *living well*